

Main partner  
**IO SONO  
FRIULI  
VENEZIA  
GIULIA**

# THE FOOTBALL PERFORMANCE 2026 SUMMIT

**BLUENERGY  
STADIUM  
UDINE (ITALY)**

**TUESDAY  
26<sup>TH</sup> MAY  
2026**

Leading experts examine the latest trends in applied performance science and elite football.  
Where science, methodology, and practice converge at the highest level of the game.

9:00 am REGISTRATION AND WELCOME

9:45 am OPENING CEREMONY

10:00 am **CONTEXT IS KING: WHEN INTERPRETING  
PREMIER LEAGUE DEMANDS**



**PAUL BRADLEY**  
Football Science Consultant

11:00 am **FRAMING RETURN-TO-SPORT AND  
LOOKING TOWARDS PERFORMANCE**



**MATTHEW TABERNER**  
Visiting Research Fellow

12:00 pm **WORKSHOP VALD** Data integration: relationship between CMJ jump height  
and sprint performance **Max Goglia**

12:30 pm **MICRODOSING, NEURAL PRIMING  
AND READINESS TESTING**



**BRAM SWINNEN**  
Performance & Rehab Specialist

1:30 pm LUNCH

2:30 pm **WORKSHOP SOCCER SYSTEM PRO** How an AMS Transforms the Performance department:  
From Daily Operations to Smarter Decisions, **Gregory Ortanobas**

3:00 pm **MONITORING THE SPECIFIC TRAINING  
LOAD IN FOOTBALL**



**ISMAEL CAMENFORTE**  
Strength and Conditioning Coach

4:00 pm **ENHANCING ELITE SOCCER PERFORMANCE  
DURING THE COMPETITIVE PERIOD**



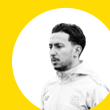
**GIAMPIERO ASCENZI**  
Head of Performance ACF Fiorentina

5:00 pm **WORKSHOP CATAPULT** Sprinting in football: from data to context on the pitch  
**Filippo Baldasso e Steve Collins**

5:30 pm **INTEGRAL PERIODISATION.  
A HOLISTIC APPROACH  
FOR MODERN SOCCER.  
FROM GYM TO THE FIELD**



**MIGUEL ÁNGEL CAMPOS**  
Head of Performance Bayer Leverkusen



**JOSÉ JIMÉNEZ**  
Head of Strength and Conditioning  
Bayer Leverkusen

6:30 pm CLOSING REMARKS



Director of the Summit  
**JORDI GARCIA**  
Head of Performance  
Udinese Calcio

GET TICKETS AT  
**TICKETONE.IT**

EARLY BIRDS 150€ (Until March 31)  
GENERAL SALE 200€  
ALL INFO [WWW.UDINESE.IT](http://WWW.UDINESE.IT)  
[PERFORMANCESUMMIT@UDINESESPA.IT](mailto:PERFORMANCESUMMIT@UDINESESPA.IT)



**UDINESE CALCIO  
PERFORMANCE DEPARTMENT**



**VALD**

**CATAPULT**



**ticketone**